

SRE SECONDARY CURRICULUM OVERVIEW

	KEY STAGE THREE		KEY STAGE FOUR		
	Year Seven	Year Eight	Year Nine	Year Ten	Year Eleven
TOPICS	Taking Stock	SRE Questionnaires	Taking Stock	SRE Questionnaire 1: What topics?	Assessing Needs
	Changes in puberty	Talking About Sex and Relationships	Recognising and managing risk	HIV transmission	Safer Sex
	Puberty and reproduction	Conception & Pregnancy	Reasons to have sex or to delay	Living with HIV	Abortion – whose choice?
	Managing feelings	Contraception	Contraceptive Methods	Body Image and relationships	Accessing Local and National Services
	Getting Help and Support	Consequences of sexual activity	Condoms and STIs	Negotiation skills	Parenting
	Friendships	Social Pressures on Young People	STIs	Sexual Health Services	Sexual Bullying
	Include assessment opportunities in every lesson and at the end each unit. See section 4 on assessment				

Key Stage 3: Year 7

	Learning Intentions and Outcomes	National Curriculum Links	Suggested Resources
Year 7	<p>Lesson One: Taking Stock</p> <p>Learning Intention To provide pupils with an opportunity to remember what they have learnt in SRE and begin to discuss how SRE might be improved</p> <p>Learning Outcomes Identify:</p> <ul style="list-style-type: none"> ▪ SRE topics that pupils remember having learnt ▪ What was cover in SRE ▪ The teaching styles and resources used to deliver SRE ▪ Suggestions for improvements in SRE 	<p>PSHE: Personal Wellbeing</p> <p>4. Curriculum opportunities f. evaluate their own personal development and learning, set realistic targets and goals for future life choices and develop strategies for meeting them.</p>	<p>Activity 2, Are you getting it right? A toolkit for consulting young people on sex and relationships education, Martinez and de Meza, 2008 http://www.ncb.org.uk/dotpdf/open_access_2/sre_audit_toolkit.pdf</p>
Year 7	<p>Lesson Two: Changes in Puberty</p> <p>Learning Intention To recognise the physical and emotional changes that take place in puberty</p> <p>Learning Outcomes Know about male and female body parts Know what physical and emotional changes take place during puberty</p>	<p>PSHE: Personal Wellbeing</p> <p>1. Key Concepts 1.2 Healthy lifestyles c. dealing with growth and change as normal parts of growing up.</p> <p>3. Range and content c. physical and emotional change and puberty.</p>	<p>Year 7, Lesson 1, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p> <p>Safe and Sound, Healthwise http://www.hit.org.uk/publicationsBySubject.asp?subject=Healthwise-Publications&sub=38</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 7</p>	<p>Lesson Three: Puberty and Reproduction</p> <p>Learning Intention To understand the link between puberty and reproduction</p> <p>Learning Outcomes Understand that puberty is preparation for adulthood</p>	<p>PSHE: Personal Wellbeing</p> <p>1. Key concepts 1.2 Healthy lifestyles c. Dealing with growth and change as a normal part of growing up.</p> <p>3 Range and content c. Physical and emotional change and puberty.</p>	<p>Safe and Sound sequencing activity Healthwise http://www.hit.org.uk/publicationsBySubject.asp?subject=Healthwise-Publications&sub=38</p> <p>Menstrual cycle, 4 Boys, 4Girls, fpa http://www.fpa.org.uk/products/sex_and_relationships_education_publications/detail.cfm?contentid=392</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 7</p>	<p>Lesson Four: Managing feelings</p> <p>Learning Intention To consider how feelings change during puberty and how to manage them</p> <p>Learning Outcomes Identify feelings which can occur during puberty Consider how to manage feelings and experiences</p>	<p>PSHE: Personal Wellbeing</p> <p>1. Key concepts 1.2 Healthy lifestyles c. Dealing with growth and change as a normal part of growing up.</p> <p>2 Key processes 2.1 Critical reflection e. reflect on feelings and identify positive ways of understanding, managing and expressing strong emotions and challenging behaviour</p> <p>3 Range and content c. Physical and emotional change and puberty.</p>	<p>Year 7, Lesson 2, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 7</p>	<p>Lesson Five: Getting help and support</p> <p>Learning Intention To explore how young people can manage the changes and experiences during puberty in a positive way.</p> <p>Learning Outcomes To consider where to get help and support during puberty To practice giving advice about puberty experiences</p>	<p>PSHE: Personal Wellbeing 2 Key processes 2.3 Developing relationships and working with others c. use the social skills of communication, negotiation, assertiveness and collaboration</p> <p>3 Range and content c. Physical and emotional change and puberty</p> <p>4. Curriculum opportunities g. identify sources of help and support and take responsibility for providing accurate information to others</p>	<p>Year 7, Lesson 3, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p> <p>Unit 9, Healthy Friendships and Relationships, Activity 3, Decision Making, QCA http://www.qca.org.uk/libraryAssets/media/qca-05-1695-pshe-unit9.pdf</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 7</p>	<p>Lesson Six: Friendships</p> <p>Learning Intention Understand that relationships affect everything we do in our lives and that relationship skills have to be learnt and practised.</p> <p>Learning Outcomes Identify the qualities of a good friend Appreciate the range of possible relationships</p>	<p>PSHE: Personal Wellbeing 1 Key Concepts 1.4 Relationships a Understanding that relationships affect everything we do in our lives and that relationship skills have to be learnt and practiced.</p> <p>3 Range and content i. the features of positive and stable relationships, how to deal with a breakdown in a relationship and the effects of loss and bereavement</p>	<p>Unit 9 Healthy Friendships and Relationships, Activity 1, What do we mean by good relationships, QCA http://www.qca.org.uk/libraryAssets/media/qca-05-1695-pshe-unit9.pdf</p> <p>Channel 4 Off Limits series, In My Experience, Programme 1: Just Good Friends, dvd www.channel4.com/learning</p>

Key Stage 3: Year 8

	Learning Intentions and Outcomes	National Curriculum Links	Suggested Resources
Year 8	<p>Lesson One: SRE Questionnaires</p> <p>Learning Intention To provide pupils with the opportunity to explore SRE in terms of content, method of delivery and who delivers it</p> <p>Learning Outcomes Consider and listed which topics need to be covered Produce a list of priorities Express preferred activities/methods of learning Express who should deliver SRE</p>	<p>PSHE: Personal Wellbeing</p> <p>4. Curriculum opportunities f. evaluate their own personal development and learning, set realistic targets and goals for future life choices and develop strategies for meeting them.</p>	<p>Activity 4, Are you getting it right? A toolkit for consulting young people on sex and relationships education, Martinez and de Meza, 2008 http://www.ncb.org.uk/dotpdf/open_access_2/sre_audit_toolkit.pdf</p>
Year 8	<p>Lesson Two: Talking About Sex and Relationships</p> <p>Learning Intention To recognise and consider the importance of relationships</p> <p>Learning Outcomes Know there are different kinds of relationships, including sexual relationships Consider what makes a positive relationship</p>	<p>PSHE: Personal Wellbeing</p> <p>1 Key Concepts</p> <p>1.4 Relationships a Understanding that relationships affect everything we do in our lives and that relationship skills have to be learnt and practiced.</p> <p>2. Key processes</p> <p>2.3 Developing relationships and working with others a. use social skills to build and maintain a range of positive relationships.</p>	<p>Year 8, Lesson 1, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 8</p>	<p>Lesson Three: Conception and Pregnancy</p> <p>Learning Intention To understand the process of conception</p> <p>Learning Outcomes Understand how conception occurs To consider stages in a relationship before conception occurs</p>	<p>PSHE: Personal Wellbeing 3. Range and content d. sexual activity, human reproduction, contraception, pregnancy, and sexually transmitted infections and HIV and how high risk behaviours affect the well being of individuals, families and communities</p>	<p>Year 8, Lesson 2, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p> <p>Safe and Sound, Healthwise http://www.hit.org.uk/publicationsBySubject.asp?subject=Healthwise-Publications&sub=38</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 8</p>	<p>Lesson Four Contraception</p> <p>Learning Intention To understand and explore information about contraception</p> <p>Learning Outcomes Identify a range of contraceptive methods Become aware of the consequences of unprotected sex</p>	<p>PSHE: Personal Wellbeing 3. Range and content d. sexual activity, human reproduction, contraception, pregnancy, and sexually transmitted infections and HIV and how high risk behaviours affect the well being of individuals, families and communities</p>	<p>Year 8, Lesson 3, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p> <p>Sequencing activity, Safe and Sound, Healthwise http://www.hit.org.uk/publicationsBySubject.asp?subject=Healthwise-Publications&sub=38</p> <p>Fpa, 4boys, 4 girls, Methods, fpa Contraception display kit http://www.fpa.org.uk/products/sex_and_relationships_education_publications/detail.cfm?contentid=392</p>

<p style="text-align: center;">Year 8</p>	<p>Lesson Five: Consequences of sexual activity</p> <p>Learning Intention To consider the consequences of sexual activity and risk behaviour</p> <p>Learning Outcomes Understand that sexual activity has consequences Understand that there are risks associated with sexual activity Understand the concept of positive sexual health</p>	<p>PSHE: Personal Wellbeing</p> <p>3. Range and content d. sexual activity, human reproduction, contraception, pregnancy, and sexually transmitted infections and HIV and how high risk behaviours affect the well being of individuals, families and communities</p>	<p>Year 9, Lesson 1, Additional Activities, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p>
<p style="text-align: center;">Year 8</p>	<p>Lesson Six: Social Pressures on Young People</p> <p>Learning Intention To explore how sex, body image and sexism affects young people</p> <p>Learning Outcomes Consider and discuss pressures on young people.</p>	<p>PSHE: Personal Wellbeing</p> <p>1. Key concepts</p> <p>1.1 Personal identities</p> <p>a. Understanding that identity is affected by a range of factors, including a positive sense of self</p> <p>3. Range and content</p> <p>a. examples of diverse values encountered in society and the clarification of personal values</p>	<p>Channel 4, Sex and Relationships DVD, In My Experience, (Programme 3, Pressure).</p> <p>http://www.4learningshop.co.uk/C4Shop/Product.aspx?ProductID=0194e8b8-e16f-40cd-9788-456526510b1f</p>

Key Stage 4: Year 9

	Learning Intentions and Outcomes	National Curriculum Links	Suggested Resources
Year 9	<p>Lesson One: Taking Stock</p> <p>Learning Intention To provide pupils with an opportunity to remember what they have learnt in SRE and begin to discuss how SRE might be improved</p> <p>Learning Outcomes Identify:</p> <ul style="list-style-type: none"> ▪ SRE topics that pupils remember having learnt ▪ What was cover in SRE ▪ The teaching styles and resources used to deliver SRE ▪ Suggestions for improvements in SRE 	<p>PSHE: Personal Wellbeing</p> <p>4. Curriculum opportunities f. evaluate their own personal development and learning, set realistic targets and goals for future life choices and develop strategies for meeting them.</p>	<p>Activity 2, Are you getting it right? A toolkit for consulting young people on sex and relationships education, Martinez and de Meza, 2008 http://www.ncb.org.uk/dotpdf/open_access_2/sre_audit_toolkit.pdf</p>

<p style="text-align: center;">Year 9</p>	<p>Lesson Two: Recognising and Managing Risk Learning Intention To recognise risk and consider safer choices in sexual relationships</p> <p>Learning Outcomes Understand the importance of a responsible attitude to sexual behaviour Understand some of the myths and facts about sexual activity Understand the concept of positive sexual health</p>	<p>PSHE: Personal Wellbeing 2.Key processes 2.2 Decision- making and managing risk c. assess and manage the element of risk in personal choices and situations</p> <p>3. Range and content d. sexual activity, human reproduction, contraception, pregnancy, and sexually transmitted infections and HIV and how high risk behaviours affect the well being of individuals, families and communities</p>	<p>Year 9, Lesson 1, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p> <p>Reckless, Sue Mayfield, Hodder Children’s Books, 2002</p>
<p style="text-align: center;">Year 9</p>	<p>Lesson Three: Reasons to have sex or to delay</p> <p>Learning Intention To explore why people have sex and why couples may, or may not, delay doing so</p> <p>Learning Outcomes Consider reasons why people choose to have sex when they do</p>	<p>PSHE: Personal Wellbeing 2.Key processes 2.2 Decision –making and managing risk a. use knowledge and understanding to make informed choices about safety, health and wellbeing</p> <p>4. Curriculum opportunities d. take part in individual and group discussions to consider personal, social and moral dilemmas and the choices and decisions relating to them.</p>	<p>Unit 9 Healthy Friendships and Relationships, Activity 4, Is everybody doing it? QCA</p> <p>http://www.qca.org.uk/libraryAssets/media/qca-05-1695-pshe-unit9.pdf</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 9</p>	<p>Lesson Four: Contraceptive Methods</p> <p>Learning Intention To consider some contraceptive options</p> <p>Learning Outcomes Know about different types of contraceptives Consider contraceptive options for young people Recognise risk and consider safer choices</p>	<p>PSHE: Personal Wellbeing 3. Range and content d. sexual activity, human reproduction, contraception, pregnancy, and sexually transmitted infections and HIV and how high risk behaviours affect the well being of individuals, families and communities</p>	<p>Year 9, Lesson 2, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p> <p>Protect Yourself, Lesson 5 Activity 1, Brook http://www.brook.org.uk/content/M8_1_sexrelationships.asp</p> <p>4boys, 4 girls, Methods, fpa Contraceptive Display Kit fpa http://www.fpa.org.uk/products/sex_and_relationships_education_publications/detail.cfm?contentid=392</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 9</p>	<p>Lesson Five Condoms and STIs</p> <p>Learning Intention To consider how condoms protect against pregnancy and some STIs</p> <p>Learning Outcomes Know how a condom works and how to use it Know how a condom can protect from pregnancy, STIs and HIV</p>	<p>PSHE: Personal Wellbeing 3. Range and content d. sexual activity, human reproduction, contraception, pregnancy, and sexually transmitted infections and HIV and how high risk behaviours affect the well being of individuals, families and communities</p>	<p>Year 9, Lesson 3, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p> <p>4 Boys, 4 Girls, Hot Tips, page 41, fpa Is Everybody Doing It – your guide to contraception leaflet, fpa Contraception display kit, fpa http://www.fpa.org.uk/products/sex_and_relationships_education_publications/detail.cfm?contentid=392</p>

<p>Year 9</p>	<p>Lesson Six: STIs</p> <p>Learning Intention To understand the nature of sexually transmitted infections</p> <p>Learning Outcomes Understand that sexual activity has consequences Know about some different STIs and how they are transmitted</p>	<p>PSHE: Personal Wellbeing</p> <p>3. Range and content d. sexual activity, human reproduction, contraception, pregnancy, and sexually transmitted infections and HIV and how high risk behaviours affect the well being of individuals, families and communities</p>	<p>Protect Yourself, Lesson 7, Activity 1, brook,</p> <p>Protect Yourself, Lesson 3, Activity 1, brook, http://www.brook.org.uk/content/M8_1_sexrelationships.asp</p>
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Key Stage 4: Year 10

	Learning Intentions and Outcomes	National Curriculum Links	Suggested Resources
Year 10	<p>Lesson One: SRE Questionnaire 1: What topics?</p> <p>Learning Intention To provide pupils with the opportunity to explore SRE in terms of content.</p> <p>Learning Outcomes Consider and listed which topics need to be covered Produce a list of priorities</p>	<p>PSHE: Personal Wellbeing</p> <p>4. Curriculum opportunities g. evaluate their own personal development and learning, set realistic targets and goals for future life choices and develop strategies for meeting them.</p>	<p>Activity 4, Are you getting it right? A toolkit for consulting young people on sex and relationships education, Martinez and de Meza, 2008 http://www.ncb.org.uk/dotpdf/open_access_2/sre_audit_toolkit.pdf</p>
Year 10	<p>Lesson Two: HIV Transmission</p> <p>Learning Intention To explore the different routes of HIV transmission</p> <p>Learning Outcomes Understand how HIV is transmitted</p>	<p>PSHE: Personal Wellbeing</p> <p>3. Range and content d. the benefits and risks of health and lifestyle choices, including choices relating to sexual activity and substance use and misuse, and the short and long term consequences of the health and mental and emotional wellbeing of individuals, families and communities.</p>	<p>HIV/AIDS – fact or myth? Safe and Sound, Healthwise http://www.hit.org.uk/publicationsBySubject.asp?subject=Healthwise-Publications&sub=38</p> <p>Teaching and Learning about HIV, Blake and Power, p 36-39 http://www.ncb.org.uk/Page.asp?originx_7687bj_34006392250011p99w_20061023242n</p> <p>HIV in Schools, Key Stage 3 lesson plans, National AIDS Trust http://www.nat.org.uk/HIV-Facts/School-Packs.aspx</p> <p>HIV in Schools Assembly Ideas, National AIIDS Trust, http://www.nat.org.uk/HIV-Facts/School-Packs.aspx</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 10</p>	<p>Lesson Three: Living with HIV</p> <p>Learning Intention To appreciate the impact of living with HIV</p> <p>Learning Outcomes Understand the how living with HIV affects people</p>	<p>PSHE: Personal Wellbeing</p> <p>1.Key concepts</p> <p>1.5 Diversity</p> <p>b. understanding that all forms of prejudice and discrimination must be challenged at every level of our lives.</p>	<p>Themba’s audio or online diary www.radiodiaries.org/aidsdiary/story.html</p> <p>HIV in Schools, Key Stage 3 lesson plans, National AIDS Trust http://www.nat.org.uk/HIV-Facts/School-Packs.aspx</p> <p>HIV in Schools Assembly Ideas, National AIDS Trust, http://www.nat.org.uk/HIV-Facts/School-Packs.aspx</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 10</p>	<p>Lesson Four: Body Image and Relationships</p> <p>Learning Intention To consider the effect self esteem including body image, has on relationships</p> <p>Learning Outcomes Consider how media images of men and women affect self esteem Consider how self esteem can influence relationships Consider the effects of homophobia</p>	<p>PSHE: Personal Wellbeing</p> <p>1. Key concepts</p> <p>1.1 Personal identities</p> <p>a. Understanding that identity is affected by a range of factors, including a positive sense of self</p> <p>3.Range and content</p> <p>b. how the media portrays young people, body image and health issues.</p>	<p>Year 10, Lesson 1, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 10</p>	<p>Lesson Five: Negotiation skills</p> <p>Learning Intention To consider and practice assertiveness and negotiation skills in the context of sexual relationships</p> <p>Learning Outcomes Consider different factors that can affect sexual health Practice assertiveness and negotiation skills Consider the effect drugs and alcohol have on decision making</p>	<p>PSHE: Personal Wellbeing</p> <p>1. Key concepts</p> <p>1.1 Personal identities a. Understanding that identity is affected by a range of factors, including a positive sense of self</p> <p>2.Key processes</p> <p>2.3 Developing relationships and working with others c. work individually, together and in teams for specific purposes, making use of the social skills of communication, negotiation, assertiveness and collaboration</p>	<p>Year 10, Lesson 2, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p> <p>Girl Power, how far does it go? Saying no, 3.6 exercise 7, Jo Adams, Centre for HIV and Sexual Health www.sexualhealthsheffield.co.uk</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 10</p>	<p>Lesson Six Introduction to sexual health services</p> <p>Learning Intention To consider what sexual health services can offer</p> <p>Learning Outcomes Know how sexual health services can help Consider our feelings about visiting them</p>	<p>PSHE: Personal Wellbeing</p> <p>4. Curriculum opportunities h. identify sources of help, support and accurate information and take responsibility for providing accurate information to others in a range of situations</p>	<p>L8r Episode 3, Hi8us (South) www.l8r.uk.net</p> <p>Lesson 8, Activity 4, Protect yourself, Brook http://www.brook.org.uk/content/M8_1_sexrelationships.asp</p>

Key Stage 4: Year 11

	Learning Intentions and Outcomes	National Curriculum Links	Suggested Resources
Year 11	<p>Lesson One: Assessing Needs</p> <p>Learning Intention To provide pupils with the opportunity to think about what young people need to learn about in sex and relationships education</p> <p>Learning Outcomes Consider what SRE should include Consider what young people need and want to learn about</p>	<p>PSHE: Personal Wellbeing</p> <p>4. Curriculum opportunities g. evaluate their own personal development and learning, set realistic targets and goals for future life choices and develop strategies for meeting them.</p>	<p>Activity 6, Are you getting it right? A toolkit for consulting young people on sex and relationships education, Martinez and de Meza, 2008 http://www.ncb.org.uk/dotpdf/open_ess_2/sre_audit_toolkit.pdf</p>
Year 11	<p>Lesson Two: Safer Sex</p> <p>Learning Intention To consider the issues involved in making sex safe</p> <p>Learning Outcomes Consider physical, emotional and social factors involved in safer sex Identify barriers to practising safer sex</p>	<p>PSHE: Personal Wellbeing</p> <p>1 Key concepts 1.2 Healthy lifestyles a Recognising that healthy lifestyles and the wellbeing of self and others depend on information and making healthy choices 1.3 Risk a Understanding risk in both positive and negative terms and understanding that individuals need to manage risk to themselves and others in a range of personal and social situations</p>	<p>Year 11, Lesson 1, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p> <p>Condoms yes or no, 4 Boys 4 Girls, fpa http://www.fpa.org.uk/products/sex_and_relationships_education_publications/detail.cfm?contentid=392</p> <p>Condoms – where, when and how, Teaching and Learning about HIV, Blake and Power www.ncb.org.uk/sef</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 11</p>	<p>Lesson Three: Abortion – whose choice?</p> <p>Learning Intention To explore the reasons for choosing abortion and the different attitudes to it</p> <p>Learning outcomes: Understand some of the different factors which can contribute to unintended pregnancy Know the importance of seeking medical help quickly, whatever the decision Understand what the law says about abortion</p>	<p>PSHE: Personal Wellbeing 2. Key processes 2.2 Decision- making and managing risk a. Use knowledge and understanding to make informed choices about safety, health and wellbeing, evaluating personal choices and making changes if necessary</p>	<p>Best Practice Toolkit for Abortion Education, Education for Choice. http://www.efc.org.uk/Forprofessionals/Bestpracticeingroupworkandeducationsettings</p> <p>Abortion: just so you know, fpa http://www.fpa.org.uk/products/sex_and_relationships_education_publications/detail.cfm?contentid=384</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 11</p>	<p>Lesson Four: Accessing local and national services</p> <p>Learning Intention To seek professional advice confidently</p> <p>Learning Outcomes Know what services exist locally and nationally Consider the kinds of skills needed to access services</p>	<p>PSHE: Personal Wellbeing 4 Curriculum opportunities a. make real choices and decisions based on accurate information obtained through their own research using a range of sources, including national and local/ward data, the internet, other media sources and visits and visitors to or from the wider community</p> <p>h. identify sources of help, support and accurate information and take responsibility for providing accurate information to others in a range of situations</p>	<p>Year 10, Lesson 3, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p> <p><i>Getting a C-card and condoms:</i> http://www.shine.nhs.uk/movies/movies.php?mov=men <i>Getting emergency contraception and a pregnancy test.</i> http://www.shine.nhs.uk/movies/movies.php?mov=women</p> <p>Lesson 8, Activity 2, Protect yourself, Brook http://www.brook.org.uk/content/M8_1_sexrelationships.asp</p> <p>The A-Z of Love and Sex, Mainly about Respect, Channel 4, Off limits, http://www.4learningshop.co.uk/C4Shop/Product.aspx?ProductID=41c3f5d6-a46a-4dd0-8b8c-80098254e757</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 11</p>	<p>Lesson Five: Parenting</p> <p>Learning Intention To consider the role and responsibilities of a parent and what makes a good parent</p> <p>Learning Outcomes Understand the complex range of needs a young child has Understand how being a parent changes a person's lifestyle</p>	<p>PSHE: Personal Wellbeing</p> <p>3. Range and content g. the roles and responsibilities of parents, carers, children and other family members. h. parenting skills and qualities and their central importance to family life.</p>	<p>Year 11, Additional Lesson , Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 11</p>	<p>Lesson Six: Sexual Bullying</p> <p>Learning Intention To consider how young people can be bullied sexually</p> <p>Learning Outcomes Understand what sexual bullying means Know that this can happen to young people and can be related to drug and alcohol use Consider ways of dealing with sexual bullying</p>	<p>PSHE: Personal Wellbeing</p> <p>1. Key concepts 1.3 Risk b. Appreciating that pressure can be used positively or negatively to influence others in situations involving risk</p> <p>2. Key processes 2.2 Decision- making and managing risk c. assess and manage risk in personal choices and situations, minimise harm in risky situations and demonstrate how to help others to do so.</p>	<p>Year 11, Lesson 3, Teaching SRE with Confidence in Secondary Schools, The Christopher Winter Project, www.tcwp.co.uk</p> <p>http://www.womankind.org.uk/sexual-bullying-definition.html</p> <p>Lesson 6, Sex, Drugs and Alcohol – material for use with young people of all abilities, TACADE, Alcoshots, Tacade, – young people in alcohol related situations, www.tacade.com</p> <p>Episode 7 Hi8us (South), L8r, www.l8r.uk.net</p> <p>http://www.learningcurve.info/Secondary-Resources/Keeping-Myself-Safe-for-Teenagers.html</p>